

Shalom, please let me understand, the act of yawning frequently especially during prayer! Is it a sign of being possessed by demons or forces of darkness?

Answer: Normally yawning is a sign of two main things in the body **1) the first is hunger 2) the second is sleep.**

So back to the subject of prayer, A Christian should not think that yawning is an act of demons or the forces of darkness, no! But a response of his own body, telling him that now is the time to go to rest, not the time to pray.... And is why you will realize that it is only a time to pray, or to listen to the Word, people are the ones who feel the greatest or extreme fatigue, but from there the situation disappears by itself, you will wonder why?

It is because the Bible teaches that the body is always the greatest enemy of spiritual things, when your spirit is ready even to go deeper for a long time in prayer your body will begin to give many reasons once your tired, you should to rest, it will bring you to the point of starvation, until you will tremble when it is only a short time you went out to eat.

*Galatians 5:17 "For the flesh lusteth against the spirit, and the spirit against the flesh: and these are contrary the one to the other; so that ye cannot do the things that ye would."*

So when such a situation arises, you must not rebuke the demons, but it's time to wrestle with your body until you obey yourself, and the good news is that the more you immerse yourself in prayer, the more the situation will disappear by itself into you little by little until at the end you will find yourself able to go for a long time till you wonder where the original sleep came from.

So the easiest way is to make sure when you pray, take all your thoughts and ideas into prayer, and not in other things so that you will be able to overcome the body easily, and fit it is night you pray out of bed environment.

*Matthew 26:41 "Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak."*

Lastly, be aware that a Christian cannot live without prayer so compete with your body until you overcome it, otherwise you will not last long in Faith or if you continue to exist then know that your life will be a test every now and then that would only be avoided by prayer.

Be blessed!!.

---

### **Other Topics:**

*BENEFITS OF PRAYER*

*THE YEAR ACCEPTABLE OF THE LORD.*

*WHO IS ANTI-CHRIST*

*QUENCH NOT THE SPIRIT*

*DON'T BE AFRAID WHEN YOU GO DOWN.*

**Home:**

Share on:  
WhatsApp

[Print this post](#)