

QUESTION: When is the true Sabbath? Is it Sunday or Saturday ?, What day should we worship?

ANSWER: The Word of God says that God is a Spirit and that those who worship Him must worship Him in spirit and in truth. Christians are not justified before God in the days, months or years of worship, either worship Sunday, Monday, Saturday or Wednesday is just a human procedure! it does not add anything to one's relationship with God. The Bible says.

Galatians 4: 9 "But now, after that ye have known God, or rather are known of God, how turn ye again to the weak and beggarly elements, whereunto ye desire again to be in bondage? You observe days, and months, and times, and years. "

And It also says again in

Colossians 2:16 "Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days: those things are a shadow of the things to come; but the body is Christ's. "

So the meaning of the word Sabbath is "rest", and rest for Christians is in the spirit, and our Savior Jesus told us that He is the Lord of the Sabbath (*read Matthew 12:8*), so when we find JESUS we have found the SABBATH or "our spiritual rest" and yes. for he says ..

Matthew 11:28 "Come unto me, all ye that labor and are heavy laden, and I will give you rest.

29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart; and you will find rest for your souls; 30 For my yoke is easy, and my burden is light. "

So those who worship on Saturday, or Sunday or Wednesday do not make mistakes, it is just their system, before God they are all the same,

for example we read in the bible the early Christians appointed the first day of the week (ie SUNDAY) for gathering and donating and breaking bread, if you read *Acts 20: 7 and 1 Corinthians 16: 1-2* you will see that, so to set a certain day and say that is what God is pleased to worship more than any other day, is to misunderstand the scriptures. because true worship is in the spirit and God is worshiped in spirit and in truth, and not on a specific day or special months or special years but every hour and every time anywhere.

Be very blessed.

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