To grasp the full meaning of being “born again,” it helps first to consider natural birth. Before a child is born, much about their life is already shaped by their family lineage and heritage. The genetic traits, physical characteristics, and social identity are largely determined by ancestors. Scripture affirms this continuity of lineage and inheritance, as Paul notes the importance of family heritage and spiritual inheritance (Romans 5:12-14).

For example, you were naturally born into a specific ethnic group—African, with black skin and curly hair. Your family knew this even before you were born because these traits come from your parents and ancestors. Similarly, if your family is royal or has a particular social status, this too shapes expectations about your identity and role.

Spiritually, however, there is a second birth—a birth into a new family, the family of God, through Jesus Christ. This is the “new birth” Jesus spoke about in John 3:3 (NIV):

> *“Jesus replied, ‘Very truly I tell you, no one can see the kingdom of God unless they are born again.’”*

This second birth is not physical but spiritual. It places a person into a new lineage—the kingdom of God—a royal, holy family chosen by God Himself (1 Peter 2:9). To be born into this family means inheriting new spiritual traits, a new identity, and a destiny aligned with God’s will.

Before one can be spiritually born again, several realities must be understood:

1. The Father who gives new birth: Jesus Christ is the source and author of this new life (John 1:12-13).

2. The new family name: Believers are given the name “Christian,” meaning “little Christ,” reflecting their new identity (Acts 11:26).

3. The characteristics of the new family: Holiness, love, humility, and righteousness (Ephesians 4:22-24).

4. Our commitment to live accordingly: Following Christ’s example and commands (1 John 2:6).

The Bible clearly states the exclusivity of salvation through Jesus:

> *“Salvation is found in no one else, for there is no other name under heaven given to mankind by which we must be saved.” — Acts 4:12 (NIV)*

Just as natural birth requires water and physical processes, spiritual birth involves:

- Repentance: Turning away from sin, a heartfelt change of mind and behavior (Acts 3:19).

- Baptism in water: Symbolizing cleansing and death to the old self (Romans 6:3-4).

- Baptism in the name of Jesus Christ: Invoking the authority of Christ Himself, as practiced by the apostles (Acts 2:38; 8:16).

- Receiving the Holy Spirit: The inward seal and power for the Christian life (Ephesians 1:13-14).

The importance of baptism “in the name of Jesus Christ” is underlined by the early church’s practice. Unlike later traditions that baptize in the Trinity formula, the New Testament consistently describes baptism in Jesus’ name alone. This connects the believer directly to the authority of Christ.

Being born again transforms the believer’s nature. The indwelling Holy Spirit renews the heart, producing fruit such as love, joy, peace, and self-control (Galatians 5:22-23). The believer begins to naturally reject sin and live a holy life (Romans 8:9-11).

John writes:

> *“But to all who did receive him, who believed in his name, he*

> *gave the right to become children of God, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God.” — John 1:12-13 (ESV)*

This spiritual heritage includes sharing in Christ’s sufferings and rejection by the world:

> *“If the world hates you, keep in mind that it hated me first.” — John 15:18 (NIV)*

It is important to note that not everyone who claims to be born again truly has experienced this new birth. Many join the church but lack genuine repentance and proper baptism. Such people often struggle with sin because the new nature of God’s seed is not within them:

> *“No one born of God makes a practice of sinning, for God’s seed abides in him; and he cannot keep on sinning because he has been born of God.” — 1 John 3:9 (ESV)*

The kingdom of God is the highest authority and realm:

> *“The kingdom of the world has become the kingdom of our Lord and of his Christ, and he shall reign forever and ever.” — Revelation 11:15 (ESV)*

Jesus Christ reigns over all creation—heaven, earth, and spiritual realms (Colossians 1:16-17). His return will bring believers into eternal glory.

Jesus commanded Nicodemus:

> *“Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit.” — John 3:5 (NIV)*

Therefore, being born again is not optional but essential for salvation and eternal life.

In summary:

- The natural birth defines our physical identity and heritage.
- The new birth in Christ defines our spiritual identity and destiny.
- This new birth is experienced through repentance, baptism in Jesus’ name, and receiving the Holy Spirit.
- It transforms us into God’s children, empowering us to live holy lives and secure eternal life.

May God bless you as you seek this true new birth.

JIUNGE NA GROUP LETU LA WHATSAPP HAPA >> WHATSAPP GROUP….

Share on:
WhatsApp