Lack of self-control is the inability to restrain yourself from doing something that shouldn’t be done at that moment. For example, when someone is drunk, they might end up urinating on themselves right there, or their mouth starts saying nonsense, maybe insulting others or acting crazy. That’s a clear sign of losing self-control things they wouldn’t do if they were sober and in their right mind.

The Bible tells us that one of the major signs showing we are living in the last days is the rise of many people who cannot control themselves. This lack of self-control isn’t about basic bodily functions like going to the bathroom; it’s about openly committing evil in front of others without restraint. This passage doesn’t refer to good people but to the wicked ones to distinguish the evil of the past from the evil of the last days. Remember, the wicked of old still had some measure of self-control, but according to the Bible, the wicked of the last days won’t have any at all.

2 Timothy 3:1–5 (NIV)

> *“But mark this: There will be terrible times in the last days. People will be lovers of themselves, lovers of money,*

> *boastful, proud, abusive, disobedient to their parents, ungrateful, unholy, without love, unforgiving, slanderous, without self-control, brutal, not lovers of the good, treacherous, rash, conceited, lovers of pleasure rather than lovers of God—having a form of godliness but denying its power. Have nothing to do with such people."*

In the past, prostitutes hid themselves. They worked secretly, dressing provocatively only at night in their specific areas. Outside that, you wouldn't find them roaming the streets openly exposing themselves. It never happened that they walked boldly around in broad daylight showing themselves. But now, prostitutes can no longer restrain themselves. They've lost the ability to control their desires. The fear of people seeing or judging them is gone. They freely take nude photos and make inappropriate videos — which they boldly post on social media for everyone to see. Even worse, many are well-known people who want their filth to reach as many people as possible, as quickly as possible. These are clear signs of the last days.

It's not that such things never happened before the Bible says there's nothing new under the sun. But why does it seem like evil has increased today? The truth is that evil itself hasn't necessarily

increased in quantity, but what's changed is that people today have lost what we call self-control. The spirit of not caring has taken over "live your life," "mind your own business." This spirit rules their hearts. That's why it's not surprising to see people making videos with animals or other shocking acts it no longer embarrasses them to expose their shame. It's very sad!

Public cursing was unheard of in the past, but now profanity is everywhere on the streets, in secular music, on social media. Adults and children alike say things you wouldn't believe could come out of their mouths.

Homosexuals and transgender people openly declare themselves without fear, even though they know the laws forbid such acts and the punishment is severe. They don't care anymore if they don't fear the government, how much less the God they don't see? This is lack of self-control.

Even traditional witch doctors and sorcerers who seek wealth through magic now operate openly. In the past, they hid, but today some go as far as cutting body parts from innocent people (like albinos or young girls) just to get money.

The Bible also tells us that in the last days, people will be brutal and not lovers of good. Sin becomes so powerful that it can’t be hidden it manifests openly without shame or restraint.

Another sign mentioned is “slanderers.” This means spreading harmful rumors or gossip the desire to dig into others’ lives out of curiosity and talk about their faults in a way that displeases God.

These things existed before but not so openly. Today, many cannot control themselves. They can’t mind their own business but spend their time speaking ill of others. When you see this wave growing, know that we live in the end times.

My friend, as the scripture says, “In the last days there will be very difficult times.” Those difficult times are right now. If you can’t control yourself and think everything is okay, be careful! In the past, you might have felt ashamed to wear revealing clothes in public, but now you think it’s no big deal. That means the spirit of indifference has taken hold of you.

If cursing used to bother you but now it’s part of your everyday speech, know that the spirit of not caring controls you. Like the people of Sodom and Gomorrah, who couldn’t restrain themselves

even wanting to assault the angels sent by God to protect them. What happened next? Before their destruction, they were struck with blindness a blindness that was eternal. The same is coming for those without self-control today. Spiritual blindness that leads to eternal destruction. Once it happens, repentance is impossible. No matter how much they hear the gospel, grace no longer reaches them.

In the past, you might have felt guilty taking bribes or cheating, but now it feels normal. You used to fear even approaching witch doctors, but now their numbers and those of fortune tellers fill your phone. You are in great danger.

You no longer restrain your body you walk half-naked in public, post indecent pictures online, and no longer fear God like before. You become a cause for others to sin by the things you post or wear. Sister, you are in great danger. Your judgment will be harsher than others. On that day, you will suffer severely if you do not repent, because you knew the truth but deliberately continued in sin. Hell is real don’t let anyone fool you otherwise.

Knowing all this, it is our duty to return to our Creator before the great destruction that will come upon the world catches us

unprepared. Repent of your sins now and be baptized for the forgiveness of your sins.

Whoever has ears, let them hear what the Spirit of God warns this generation: Be careful.

God bless you.

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