

## Shalom!

Blessed be the name of our glorious Lord and Savior, Jesus Christ.

One of the great truths revealed in the Gospels is that the **power of Jesus** is not only real, but it is **accessible**—not just to His disciples or those who were close to Him, but to **anyone who believes**. Let's dive into the Gospel of **Mark chapter 5**, using the **NIV (New International Version)**, and see what it teaches us about receiving this power.

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### □ Mark 5:21-34 — Healing Through Faith

*“When Jesus had again crossed over by boat to the other side of the lake, a large crowd gathered around him while he was by the lake. Then one of the synagogue leaders, named Jairus, came, and when he saw Jesus, he fell at his feet. He pleaded earnestly with him, ‘My little daughter is dying. Please come and put your hands on her so that she will be healed and live.’ So Jesus went with him...”*

(Mark 5:21-24a, NIV)

As Jesus responded to Jairus' request, another powerful moment happened:

*"And a woman was there who had been subject to bleeding for twelve years. She had suffered a great deal under the care of many doctors... When she heard about Jesus, she came up behind him in the crowd and touched his cloak, because she thought, 'If I just touch his clothes, I will be healed.' Immediately her bleeding stopped..."*

(Mark 5:25-29, NIV)

Jesus, aware that **power** had gone out from Him, turned and asked, "Who touched my clothes?" (v. 30)

*"Daughter, your faith has healed you. Go in peace and be freed from your suffering."*

(Mark 5:34, NIV)

## □ Theological Insight: What Was the Power That Left Jesus?

Many people imagine that Jesus felt physical weakness when power left Him—like a man tired from hard labor. But Scripture shows us something deeper: **the power that left Jesus was not physical but spiritual**—specifically, the **power of the Holy Spirit working through Him** (see Luke 5:17).

This wasn't a passive event either. Though Jesus was surrounded by a crowd, only **one person drew power from Him**—the woman who touched Him **with faith**. The Greek word used here for “power” is ***dynamis***, meaning **miraculous power or ability**—the same word used for the power that raised Christ from the dead (Romans 1:4).

This moment shows us two important theological truths:

### 1. Faith unlocks spiritual power

- *Hebrews 11:6* - “Without faith it is impossible to please God...”
- *Matthew 9:29* - “According to your faith let it be done to you.”

### 2. God's power is available to anyone who believes

- The woman wasn't a disciple. She didn't even speak to Jesus. Yet her **faith bypassed all protocol**, and she received healing directly.

## □ Power Received by Faith, Not Status

Jesus didn't say, "Your knowledge healed you," or "Your good works healed you." He said, "**Your faith has healed you.**"

This is consistent with the New Testament teaching that **healing, salvation, and all spiritual gifts are accessed through faith by grace:**

*"For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God."*

(Ephesians 2:8, NIV)

This means you don't need to be a spiritual "expert" to receive something from God. You simply need to **believe**.

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## □ The Same Power Raises the Dead (Mark 5:35-43)

While Jesus was still speaking, people arrived to tell Jairus, "Your

daughter is dead.” But Jesus replied:

*“Don’t be afraid; just believe.”* (Mark 5:36, NIV)

He then went to the house, took the girl by the hand, and said:

*“Talitha koum!”* (which means *“Little girl, I say to you, get up!”*)  
(v. 41)

Immediately, she got up and walked. The same **power (dynamis)** that healed the woman with the issue of blood also raised this little girl from the dead.

This is resurrection power—the same power the apostle Paul refers to in:

*“And if the Spirit of him who raised Jesus from the dead is living in you...” (Romans 8:11, NIV)*

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### □ God’s Power Is Still Available Today

The Lord Jesus hasn’t run out of power. **Hebrews 13:8** says:

*“Jesus Christ is the same yesterday and today and forever.”*

The power that healed the sick, cast out demons, and raised the dead is **still active** through the Holy Spirit today. And you can receive it **right now** by faith—just like the woman in Mark 5.

You don’t need to have everything figured out. You don’t need to be a pastor or a prophet. You don’t need years of fasting or deep theology. All you need is **faith** in Jesus Christ.

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## ☐ **Not Just Healing — But All of God's Gifts**

Reaching out to Jesus in faith isn't limited to healing. You can also receive:

- The **Holy Spirit** (Luke 11:13)
- **Boldness** to witness (Acts 1:8)
- **Wisdom** for decisions (James 1:5)
- **Peace** in your heart (Philippians 4:7)
- **Spiritual gifts** for ministry (1 Corinthians 12:7-11)

And most importantly:

- **Salvation** for your soul (Romans 10:9)

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## ☐ **Touch the Hem of His Garment Today**

Just like the woman in Mark 5, you can “touch the hem of His garment” today. How? By simply believing and reaching out to Jesus in prayer.

*“Lord, today I want to be Your chosen vessel. Shape me, mold me, and fill me with Your Spirit. Let Your power flow through my life—not just for my own needs but for the sake of others.”*

Then begin to live a life aligned with that prayer—walk by faith, not by sight (2 Corinthians 5:7), and let the Holy Spirit lead you day by day.

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### □ **Key Scriptures Used (NIV):**

- **Mark 5:21-43** - Healing of the woman and Jairus' daughter
- **Romans 8:11** - Resurrection power living in us
- **Ephesians 2:8** - Salvation by grace through faith
- **Hebrews 11:6** - Faith pleases God
- **Hebrews 13:8** - Jesus never changes
- **James 1:5** - Wisdom given freely
- **Luke 11:13** - The gift of the Holy Spirit
- **Romans 10:9** - Confessing Jesus for salvation
- **1 Corinthians 12:7-11** - Spiritual gifts



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## □ Closing Encouragement

Don't wait until you feel "worthy" or spiritual enough to approach Jesus. **Reach out now. Believe. Receive.** That moment of faith can become the beginning of your transformation.

May the Lord Jesus Christ bless you, heal you, empower you, and lead you into deeper fellowship with Him.

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