

Many people ask the question: “*Who is the Holy Spirit?*” The simplest and most accurate answer is: The Holy Spirit is the Spirit of God. Just as every human being has a spirit, so does God. We were created in His image, and that includes having a soul, a spirit, and a body.

1. Created in God’s Image

The Bible says:

“Then God said, ‘Let Us make man in Our image, according to Our likeness...’”

(Genesis 1:26, NKJV)

This shows that humanity reflects God’s nature—just as we are triune beings (body, soul, and spirit—1 Thessalonians 5:23), God too is triune: Father, Son, and Holy Spirit.

2. God Revealed in the Flesh

God chose to reveal Himself physically in the person of Jesus Christ. The body of God that appeared on earth was that of Jesus,

who is not just the Son of God but God incarnate.

“He who has seen Me has seen the Father...”
(John 14:9, NKJV)

“And without controversy great is the mystery of godliness:
God was manifested in the flesh...”
(1 Timothy 3:16, NKJV)

This is a foundational Christian belief known as the Incarnation—that God became man in the person of Jesus Christ (see also John 1:1, 14).

3. The Spirit of Jesus Is the Holy Spirit

The Spirit who was in Jesus is the Holy Spirit, also called the Spirit of God or the Spirit of Christ.

In Acts 16:6–7, we read:

“...they were forbidden by the Holy Spirit to preach the word in Asia... but the Spirit of Jesus did not permit them.”
(*Acts 16:6-7, NKJV*)

Here, “Holy Spirit” and “Spirit of Jesus” are used interchangeably. This affirms the theological truth of the unity of the Trinity—that the Holy Spirit is not a separate being from Christ, but the same Spirit of God working through Him.

4. God’s Spirit Is Omnipresent

Unlike human spirits, which are confined to our bodies, God’s Spirit is omnipresent—He is not bound by space or time. That’s why God can be worshipped by believers around the world simultaneously and still minister to each one personally.

“Where can I go from Your Spirit? Or where can I flee from Your presence?”
(*Psalms 139:7, NKJV*)

This omnipresence is what allowed the Holy Spirit to be in Jesus, to descend upon Him at His baptism (Luke 3:22), and to be poured out on the Church at Pentecost (Acts 2:1-4).

5. Why Is He Called the Holy Spirit?

He is called the Holy Spirit because His very nature is holy. He is completely pure and separate from sin. Holiness is not just a description of Him—it is His essence.

“But as He who called you is holy, you also be holy in all your conduct.”

(1 Peter 1:15, NKJV)

The first evidence that someone has truly received the Holy Spirit is a transformed life that reflects holiness. This is known as sanctification—the ongoing process of becoming more like Christ.

6. How Do You Receive the Holy Spirit?

The Holy Spirit is a free gift, promised to all who repent and believe in Jesus.

“Then Peter said to them, ‘Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit.’”

(Acts 2:38, NKJV)

“For the promise is to you and to your children, and to all who are afar off, as many as the Lord our God will call.”

(Acts 2:39, NKJV)

Receiving the Holy Spirit involves:

1. Repentance - Turning away from sin with sincerity and action.
2. Water Baptism - By full immersion, in the name of Jesus.
3. Faith - Believing in Jesus Christ as Lord and Savior.

When you receive the Holy Spirit, He begins to work in you—producing fruit (Galatians 5:22-23), distributing gifts (1 Corinthians 12:7-11), and empowering you to be Christ’s witness (Acts 1:8).

7. The Necessity of the Holy Spirit

It is impossible to truly follow Christ or overcome sin without the Holy Spirit. In fact, Scripture clearly teaches:

“Now if anyone does not have the Spirit of Christ, he is not His.”

(Romans 8:9, NKJV)

That’s why every believer should earnestly seek to be filled with the Holy Spirit—not just for power, but for relationship and transformation.

Conclusion:

The Holy Spirit is not just a force or feeling. He is God—eternal, holy, personal, and active in the world today. He was present in creation, active in Jesus’ ministry, poured out on the early Church, and is still working in the hearts of believers. If you have not yet received the Holy Spirit, today is the day to turn to God with your whole heart. The promise is yours—freely given by grace.

May the Lord bless you as you seek Him

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