

There is a profound promise that God gives to those who decide to leave the world behind and follow Him at all costs. The promise is to “receive new strength time after time.” God fully understands that the journey of salvation is challenging, just like any other journey in life. There are mountains and valleys, times of rejection and scorn, moments when one feels misunderstood or unappreciated, experiences of isolation and offense, heartbreaks, loss, and tribulation. Anyone who has decided to follow Christ will inevitably encounter these challenges.

You might ask: How can true believers endure despite such hardships?

The answer lies in God’s sustaining power. While worldly challenges can easily discourage or overwhelm anyone, a Christian who has resolved to follow Jesus draws nearer to God precisely in these moments. This is because a divine strength is released in them “time after time.”

The Bible assures us:

Isaiah 40:28-31 (ESV)

*“Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength.*

*Even youths shall faint and be weary, and young men shall fall exhausted;*

*but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.”*

Without this grace, no one could genuinely trust or rely on an unseen God throughout life. But because God grants His strength to those who wait on Him, believers continue to pursue Him with renewed zeal, experiencing their spiritual journey as though it has just begun.

This is the key difference between a believer and an unbeliever. An unbeliever may struggle with worldly challenges—stress at work, academic pressure, or personal struggles—but when they grow tired, they may give up, saying, “I’ll continue later.” Conversely, a believer who has taken up their cross and

committed to following Christ experiences divine empowerment precisely at the point of exhaustion.

God opens ways where there seems to be none. Where others might predict failure, the believer continues to grow spiritually and love God more deeply because God ensures that strength is continuously released. As Scripture says, believers will “mount up with wings like eagles; run and not be weary; walk and not faint.”

Christianity is a journey of empowerment. If someone gives up in the middle of challenges, it often indicates they have not fully surrendered to Christ. True perseverance comes from God’s power, not human effort.

Practical Application for Believers:

You may ask yourself: Can I, as a Christian, overcome sin and worldly temptations?

Whether it’s sexual immorality, alcohol, smoking, inappropriate entertainment, or personal habits, human effort alone is insufficient. But when you truly commit your heart to follow Christ, saying, “Today I start anew with You, Lord,” God’s power

enables you to overcome more easily than you imagine.

Even before you feel exhausted, God will be by your side, providing fresh strength daily. Over time, desires for sin diminish, replaced by God's grace and peace. This is why perseverance in salvation is impossible without divine empowerment; no pastor, evangelist, or human teacher could sustain it alone.

Even in sickness or distress, God provides comfort and healing. You will witness His hand guiding you and find joy in obedience, saying, "Blessed is the Lord, for I chose to follow Him."

For those who remain distant from God and claim that righteous living is impossible, Scripture warns:

John 8:24 (ESV)

*"I told you that you would die in your sins, for unless you believe that I am he, you will die in your sins."*

Dying in sin has eternal consequences. Those who resist God's

call miss opportunities to experience His empowering strength, as described in Isaiah 40:29-31.

Next Steps After Repentance:

After genuine repentance:

Seek baptism in water, in the name of Jesus Christ (John 3:23; Acts 2:38), to complete your salvation.

Join a community of believers and commit to studying Scripture diligently and praying regularly.

Allow the Holy Spirit to guide your actions and decisions.

As you continue in faith, the desires for sin fade, and God's strength enables you to live victoriously, "running without weariness" and "walking without fainting" (Isaiah 40:31).

Shalom.

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THOSE WHO WAIT ON THE LORD WILL RECEIVE NEW  
STRENGTH

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