

What does it mean if you dream that you're having sex or making love with someone you don't know? Let's explore the theological context and meaning behind such dreams.

1. For Those Who Are Not Saved (Not in Christ)

The Bible gives us insight into the nature of dreams, particularly when they are related to our actions or thoughts. In Ecclesiastes 5:3, it says:

“For a dream comes through much activity...”

This verse suggests that the dreams we have often stem from our daily lives what we think about, what we do, and the things that occupy our hearts during the day. If your life is filled with sinful activities like sexual immorality, pornography, or indulging in lustful thoughts, your dreams may reflect those actions. These dreams, though they may feel random, are often rooted in the sinful desires you have in your waking life.

In James 1:14-15, we are warned about the process by which sin enters our lives:

“But each person is tempted when they are dragged away by their own evil desire and enticed. Then, after desire has

conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.”

If your thoughts and actions are constantly focused on immorality, it's no surprise that you will dream about such things. The Bible clearly teaches that sin begins in the heart and mind before it manifests in actions. Therefore, if your life is immersed in sexual sin, such dreams will become a regular part of your experiences.

Moreover, the Bible acknowledges the role of spiritual forces in influencing us. In Ephesians 6:12, Paul tells us:

“For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”

Evil spirits can influence people, especially those who are not saved, to lead them further into sin. This can result in repetitive

dreams of sexual immorality as a way of keeping the person trapped in sin.

2. For Those Who Are Saved (In Christ)

For those who are in Christ, the experience of such dreams might be different. There are two main possibilities.

First Possibility: A Spiritual Weakness

If you are saved but begin to have dreams of sexual immorality, it may be a sign of spiritual weakness. In Matthew 26:41, Jesus warns His disciples:

“Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

If your prayer life and your connection with God have weakened, it's easy for your flesh (your sinful nature) to become more active, allowing temptation to take root in your mind and dreams. The Bible encourages believers to stay strong in their faith, to be diligent in prayer, and to immerse themselves in God's Word. 2

Timothy 2:22 reminds us:

“Flee the evil desires of youth, and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart.”

If you feel that your spiritual life has been compromised, it is essential to draw near to God through prayer, worship, and Bible study. As you strengthen your relationship with Christ, these troubling dreams will cease.

Second Possibility: A Test or Attack

On the other hand, if you are genuinely walking with Christ and still experience such dreams unexpectedly, it could be a spiritual attack. In 1 Peter 5:8, the apostle warns believers:

“Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.”

Even though we are saved, Satan may still try to tempt us or place thoughts in our minds to disrupt our spiritual peace. If this happens, it's important to resist the temptation. The Bible provides clear instructions on how to handle such attacks. James 4:7 says:

"Submit yourselves, then, to God. Resist the devil, and he will flee from you."

You can rebuke these dreams in the name of Jesus, affirming that you are a child of God, and the devil has no power over you.

Why Do These Dreams Happen?

Sexual immorality, including lust and fornication, is a powerful force that the Bible warns against. In 1 Corinthians 6:18, Paul tells believers:

"Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body."

The impact of sexual sin on a person's life is profound, and overcoming it is not easy. In fact, the Bible teaches that overcoming sin requires the help of Jesus Christ, as He alone has the power to break the chains of sin.

John 8:36 says:

"So if the Son sets you free, you will be free indeed."

Jesus Christ is the only one who can truly free you from the power of sexual sin, whether you are a Christian or not. His grace is available to all who are willing to turn from their sins and seek His forgiveness.

Sexual immorality is one of the leading causes of spiritual destruction. In Romans 1:24-25, Paul speaks about how people who reject God give themselves over to sinful desires, and this leads to their downfall:

“Therefore God gave them over in the sinful desires of their hearts to sexual impurity for the degrading of their bodies with one another. They exchanged the truth about God for a lie, and worshiped and served created things rather than the Creator who is forever praised. Amen.”

The Bible also warns that in the last days, sexual immorality will increase, and people will continue in sin just as they did in the days of Sodom and Gomorrah. In Luke 17:28-30, Jesus compares the end times to the days of Lot:

“It was the same in the days of Lot. People were eating and drinking, buying and selling, planting and building. But the day Lot left Sodom, fire and sulfur rained down from heaven and destroyed them all. It will be just like this on the day the Son of Man is revealed.”

The judgment that befell Sodom and Gomorrah was directly tied

to their sexual immorality, and Jesus warns that the same will happen in the last days. Jude 1:7 further explains that Sodom and Gomorrah serve as an example of the consequences of sexual sin:

“In a similar way, Sodom and Gomorrah and the surrounding towns gave themselves up to sexual immorality and perversion. They serve as an example of those who suffer the punishment of eternal fire.”

The Way Out: Turning to Christ

The Bible makes it clear that anyone, no matter their background, can be saved from sexual sin. Titus 2:11 reminds us:

“For the grace of God has appeared that offers salvation to all people.”

Jesus offers forgiveness to anyone who repents and trusts in Him. If you are struggling with sexual sin or any other type of sin, there

is hope in Jesus. He can transform your heart and mind.

Acts 3:19 calls us to repent and turn to God:

“Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.”

If you want to turn away from sin and follow Christ, here’s a prayer you can pray:

“Dear God, I come before You today acknowledging that I am a sinner and have committed many sins. I deserve judgment, but I know that You are a God of mercy who forgives those who love You. Today, I ask for Your forgiveness and help to overcome my sins. I confess that Jesus Christ is Lord, and He is the Savior of the world. I ask that His blood cleanses me from all my sins and makes me a new creation starting today. Thank You, Jesus, for accepting me and forgiving me. Amen.”

If you sincerely pray this prayer and repent from your sins, God will hear you. The next step is to live out your repentance by

changing your actions and walking away from sinful behaviors. As you do this, God will come into your life and bring transformation.

Seek out a community of believers, such as a church, to grow in your faith and receive support. Hebrews 10:25 encourages us:

“Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.”

God is ready to help you today. If you open your heart to Him, He will work a powerful change in your life.

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