

Dreams can be mysterious and powerful, often leaving us with questions or concerns especially when they are frightening or repeat frequently. For example, dreaming that you've fallen into a pit, are being chased by snakes, drowning in water, or engaging in sexual activity with a stranger may feel overwhelming. Some people will try to exploit these feelings, offering you so-called "spiritual solutions" like special oils, herbs, or prayers for a price.

**Be careful.** Many of these people are either **spiritual manipulators, scammers**, or involved in **occult practices**. True spiritual issues can't be fixed by physical means. Just as you wouldn't treat grief with painkillers, you can't fix a spiritual problem with external remedies.

#### 1. Where Do Dreams Come From?

According to biblical understanding, dreams can come from three main sources:

1. **From God** as divine messages or guidance.

Numbers 12:6 (NIV) - *"When there is a prophet among you, I, the Lord, reveal myself to them in visions, I speak to them in dreams."*

1. **From Satan** deceptive or tormenting dreams meant to cause fear or confusion.

John 10:10 (NIV) *"The thief comes only to steal and kill and destroy..."*

1. **From Ourselves** resulting from our own thoughts, fears, and desires.

Ecclesiastes 5:3 (NIV) *"A dream comes when there are many cares..."*

Most dreams come from our inner experiences, but when a dream feels spiritually heavy or repetitive especially ones about danger it may be a warning from God.

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## 2. What Does Falling into a Pit Symbolize?

Dreams about pits often symbolize **spiritual danger, entrapment, sin, or judgment**. In the Bible, the “pit” is frequently used to describe destruction or separation from God.

Psalm 40:2 (ESV) *“He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure.”*

Jeremiah 38:6 (NIV) - *“So they took Jeremiah and put him into the cistern... It had no water in it, only mud, and Jeremiah sank down into the mud.”*

Whether you're on the edge of a pit, inside trying to climb out, or sinking deeper these dreams are often **spiritual metaphors**. They indicate that your life may be heading toward trouble or stagnation unless you take a different path.

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### 3. If You're a Christian

If you are saved meaning your life is hidden in Christ (Colossians 3:3) and you have such a dream repeatedly or with intensity, God could be warning you about a **spiritual attack**, a temptation, or a wrong direction you're heading in. It's time to:

- Examine your heart and habits.
- Increase your prayer life and study of the Word.
- Ask God to reveal anything that might be pulling you away from Him.

Lamentations 3:52-57 (NIV) *speaks of being trapped and crying out to God:*

*"I called on your name, Lord, from the depths of the pit. You heard my plea: 'Do not close your ears to my cry for relief.'"*

This shows that **God is near** to those who call on Him in humility and repentance.

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#### 4. If You Are Not Yet Saved

If you are living in sin, the dream may be a **wake-up call** from God. Scripture uses the imagery of pits to describe the outcome of sinful living:

Proverbs 22:14 (NIV) *"The mouth of an adulterous woman is a deep pit; a man who is under the Lord's wrath falls into it."*

Proverbs 23:27 (NIV) *“For an adulterous woman is a deep pit, and a wayward wife is a narrow well.”*

Proverbs 26:27 (NIV) *“Whoever digs a pit will fall into it; if someone rolls a stone, it will roll back on them.”*

Psalms 7:14-16 (NIV) *“Whoever is pregnant with evil conceives trouble and gives birth to disillusionment... the trouble they cause recoils on them.”*

These scriptures make it clear that **sin traps us** and eventually leads to destruction unless we repent.

5. What Should You Do?

If you feel convicted by this message, the **next step is repentance** turning from sin and turning to Jesus Christ.

John 14:6 (ESV) *“Jesus said to him, ‘I am the way, and the truth, and the life. No one comes to the Father except through me.’”*

You can start by sincerely praying for forgiveness. If you are ready, say this prayer with faith:

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**PRAYER OF REPENTANCE AND SALVATION:**

“Heavenly Father, I come before You knowing I am a sinner and have done many wrongs. I deserve judgment, but I believe in Your mercy. You said in Your Word that You are full of compassion and ready to forgive all who come to You. Today, I repent of all my sins with all my heart. I believe that Jesus Christ is Lord and that He died and rose again to save me. Please cleanse me by His blood and make me a new creation. From today, I surrender my life to You. Thank You, Jesus, for saving me. Amen.”

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6. What Comes Next?

If you prayed that prayer sincerely:

- Turn away from all sinful practices and live in obedience to God’s Word.
- Find a Bible-believing church where you can grow in your faith.



- Begin reading the Bible daily to understand God's will.
- Seek baptism by immersion in the name of Jesus Christ (Acts 2:38) as a public declaration of your faith and for the forgiveness of sins.

Acts 2:38 (NIV) *"Peter replied, 'Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit.'"*

God is faithful. He doesn't just pull us out of the pit. He sets us on solid ground.

Psalms 103:4 (NIV) *"Who redeems your life from the pit and crowns you with love and compassion."*

## **Conclusion:**

God may have allowed you to read this message today for a reason. Don't ignore His voice. He loves you and wants to deliver you from the spiritual pit whether you're already in it or heading toward it. **Respond to Him today.**

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