One of the reasons why King David never grew tired of praising God was because he had developed the habit of deeply meditating on God's greatness wherever he was. David often looked at the heavens — marveling at how God had arranged the stars and moon in such a wondrous and awe-inspiring way.

There is a unique joy and refreshment that enters one's heart when you set aside time to reflect on God's works, especially His creation: the heavens, the mountains, the valleys, the rivers, and the seas.

"Lord, our Lord, how majestic is your name in all the earth! You have set your glory in the heavens... When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place..."

Psalm 8:1,3 (NIV)

Sometimes we wonder: how could people like David, who had no telescopes to observe distant celestial bodies, still praise God so deeply?

If they were to live in our age of advanced technology, how much more would they glorify Him?

Today, science has shown us that even the stars and the sun are minuscule compared to the trillions of other celestial bodies in the universe. Everything we see in the sky, including all the stars, is like a single grain of sand among all the sand on the seashore.

This should prompt us to ask: What kind of God is this who has created all these things — many of which our minds cannot even comprehend?

We, too, must let our praise be full of meaning and depth. We need to step outside, observe God's greatness, and reflect on it intentionally. We should not spend all day and night caught up in our busy routines, only to remember God on Sunday in church. What will make our praise genuine and not superficial?

Meditating on Creation Deepens Our Understanding of God's Power

When we meditate on the diversity in God's creation, we realize nothing was done at random.

Why did God create one animal with a long neck (like the giraffe), and another with a short one, and yet they both survive just fine?

Why does one creature have many legs (like a centipede), while another has none at all (like a snake) — and yet the snake often moves faster?

Why do some birds fly to great heights (like eagles), while others with wings (like chickens) cannot fly? This shows that having wings is not what gives the power to fly; it's God's will.

Some animals have teeth but can't chew bones (like cows), while others have soft mouths and no teeth yet consume bones (like snails).

Some animals can't speak like humans (e.g., parrots) but can mimic human speech — proving that it's not the tongue's flexibility that enables speech, but God's divine enablement. A mute person may have a perfectly healthy tongue but still not speak, because it is God who gives that ability.

All these examples show that God does not operate by human logic or physical expectations — He works according to His divine will and purpose.

It Is All by Grace — Not Human Effort

When we reflect on these things, we will begin to experience peace, and a deeper gratitude toward God for how He made us.

We'll also come to understand this essential truth:

God does not rely on our strength or qualifications to lift us up or use us for His glory.

He doesn't need us to have two feet, two hands, or a university degree to bring us to the next level. It is only by His grace (2 Corinthians 12:9).

That's why it is our solemn duty to praise God continually — for His wondrous deeds and His magnificent creation. And it is in that place of reverent reflection and praise that we will encounter Him more personally in our lives.

Let All That Has Breath Praise the Lord

"Praise God in His sanctuary; praise Him in His mighty heavens.

Praise Him for His acts of power; praise Him for His surpassing greatness.

Praise Him with the sounding of the trumpet, praise Him with the harp and lyre,

Praise Him with timbrel and dancing, praise Him with the strings and pipe,

Praise Him with the clash of cymbals, praise Him with resounding cymbals.

Let everything that has breath praise the Lord."

Psalm 150:1-6 (NIV)

May the Lord bless you richly.

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