

In the New Testament, both **Demas** and **Mark (also known as John Mark)** are mentioned as co-workers of the Apostle Paul. In *Philemon 1:24*, Paul writes:

“...and so do Mark, Aristarchus, Demas, and Luke, my fellow workers.” (*ESV*)

At first glance, both Mark and Demas appear to be faithful servants of God, laboring alongside one of the greatest missionaries of the gospel. But as their stories unfold in Scripture, we see two very different trajectories—each offering profound lessons for the believer today.

---

#### Mark - A Story of Redemption and Restoration

Early in Paul’s missionary journeys, Mark was chosen to accompany Paul and Barnabas as an assistant (Acts 13:5). However, in *Acts 13:13* we read:

“Now Paul and his companions set sail from Paphos and came to Perga in Pamphylia. And John left them and returned to Jerusalem.” (*ESV*)

The Bible does not specify why Mark left, but it clearly grieved Paul deeply. Perhaps Mark felt overwhelmed by the hardships of mission work, or he was discouraged. Whatever the reason, his premature departure left a lasting impression.

When Paul later proposed revisiting the churches they had planted, Barnabas wanted to give Mark another chance. Paul, however, refused—leading to a sharp disagreement between the two apostles:

“Now Barnabas wanted to take with them John called Mark. But Paul thought best not to take with them one who had withdrawn from them in Pamphylia and had not gone with them to the work. And there arose a sharp disagreement, so that they separated from each other. Barnabas took Mark with him and sailed away to Cyprus.” (*Acts 15:37-39, ESV*)

But that was not the end of Mark's story. Later in Paul's life, we see that Mark had matured, repented, and regained Paul's trust. In one of Paul's final letters, he writes:

"Get Mark and bring him with you, for he is very useful to me for ministry." (*2 Timothy 4:11, ESV*)

Mark's transformation is so remarkable that God eventually used him to write one of the four Gospels—the **Gospel of Mark**. His story reminds us that failure is not final when there is repentance. God's grace can restore and reposition us for impactful service.

---

#### Demas - A Cautionary Tale of Apostasy

In contrast, **Demas** also started well. Like Mark, he was once counted among Paul's trusted companions. In *Colossians 4:14*, Paul mentions him briefly:

"Luke the beloved physician greets you, as does Demas." (*ESV*)

And again in *Philemon 1:24*, Demas is called a “fellow worker.” However, by the time of Paul’s second imprisonment, the tone has changed dramatically. Paul laments:

“For Demas, in love with this present world, has deserted me and gone to Thessalonica.” (2 *Timothy 4:10, ESV*)

Unlike Mark, there is no record of Demas ever returning to the faith. His desertion is not just physical—it is spiritual. Paul’s wording, “*in love with this present world*,” indicates a turning back to worldly pleasures and ambitions. Demas chose temporary comfort over eternal reward.

His story echoes Jesus’ warning in *Luke 9:62*:

“No one who puts his hand to the plow and looks back is fit for the kingdom of God.” (*ESV*)

These two men leave us with sobering lessons:

**1. God cares more about how we finish than how we start.**

- Mark started in weakness but ended strong.
- Demas started strong but ended in shame.

**2. Repentance can restore your calling.**

- Mark's story is a testimony of second chances.
- Failure is not fatal in God's kingdom when there is humility and repentance (Proverbs 24:16).

**3. Love for the world can destroy your destiny.**

- Demas loved the world more than Christ. His heart drifted, and so did his commitment.
- *1 John 2:15* warns: “Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him.”

**4. Faith must be contended for, not assumed.**

- *Jude 1:3* says: “...contend for the faith that was once for all delivered to the saints.”
- This Christian journey requires perseverance. The enemy fights hardest when your faith matters most.

**5. Don't tie your faith to favorable circumstances.**

- If you only serve God when things go well, you may fall like Demas when trials come.
- True faith stands firm even when blessings delay, as Paul testified:

“I have fought the good fight, I have finished the race, I have kept the faith.” (2 Timothy 4:7, ESV)

---

**Conclusion: Hold Fast to Your Faith**

In these last days, when temptations and distractions abound, the stories of Mark and Demas stand as a mirror and a warning. Will you be like Mark, who stumbled but returned, or like Demas, who abandoned the race for fleeting pleasures?

Jesus said in *Matthew 11:12*:

“From the days of John the Baptist until now the kingdom of heaven has suffered violence, and the violent take it by force.”  
(*ESV*)

In other words, the kingdom of God demands spiritual determination. John the Baptist exemplified a life of sacrifice and conviction—even in the wilderness, he was faithful. Should we not also persevere in our time?

The gospel race is not for the faint of heart, but for those who endure to the end. As Hebrews 10:39 says:

“But we are not of those who shrink back and are destroyed, but of those who have faith and preserve their souls.” (*ESV*)

**May we fight the good fight, finish the race, and keep the faith.**

**God bless you.**



What Can We Learn from Demas and Mark?

Share on:  
WhatsApp