Shalom, beloved in Christ!

Grace and peace to you in the name of our Lord and Savior Jesus Christ. Let’s reflect together on a vital truth from Scripture that speaks to the Christian life and the spiritual battles we face daily.

 Main Scripture

Ephesians 6:10

> “Finally, my brethren, be strong in the Lord and in the power of His might.”

The Apostle Paul wrote this while imprisoned, addressing believers in Ephesus. He concludes the letter by urging them to draw their strength from God—not from themselves—because the Christian life is a spiritual battle, not a casual walk. Paul emphasizes two essential aspects:

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 1. Being Strong in the Lord

This means anchoring your faith, love, and commitment entirely in God. Strength in the Lord is not emotional zeal or physical effort, but a deep dependence on God’s presence, grace, and truth.

Mark 12:30

> “And you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.”

This verse reminds us that to be strong in the Lord is to love Him completely—with our emotions (heart), our spirit (soul), our understanding (mind), and our effort (strength). This is not passive belief but active discipleship. It’s the foundation for growing in spiritual maturity (Hebrews 5:14).

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 2. Being Strong in the Power of His Might

This speaks of God’s divine strength working through us as we engage in spiritual warfare. The Christian’s battle is not against people but against spiritual forces of darkness.

Ephesians 6:11–12

> “Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.”

Our fight is not physical, but spiritual. We are called to be spiritually alert, aware, and ready—using God’s resources, not our own.

 The Armor of God (Ephesians 6:13–17

Paul outlines six essential components of spiritual warfare:

1. The Belt of Truth – Live by God’s truth, not feelings or opinions.
2. The Breastplate of Righteousness – Walk in holiness through Christ’s

righteousness.

3. The Gospel of Peace (on your feet) – Be ready to share Christ’s peace.
4. The Shield of Faith – Trust God completely, especially when facing attacks.
5. The Helmet of Salvation – Guard your mind with assurance of salvation.
6. The Sword of the Spirit – Know and rightly handle the Word of God.

These are not optional accessories. Without them, we are spiritually exposed. Being strong in the power of God means knowing how to use these weapons.

⚔ Spiritual Readiness Requires Skill

Just as a soldier must be trained to use a sword, we must learn how to use the Word of God effectively. A believer without knowledge is like a soldier holding a sword but unable to fight.

Jesus demonstrated this when tempted by Satan in the wilderness. Every time, He responded with Scripture: *“It is written…”* (see Matthew 4:1–11). He used the Word accurately and with authority.

Similarly, Apollos is described as “mighty in the Scriptures”:

Acts 18:24

> “Now a certain Jew named Apollos, born at Alexandria, an eloquent man and mighty in the Scriptures, came to Ephesus.”

To become spiritually strong, we must study, understand, and apply God’s Word correctly.

 Handling the Word with Wisdom

2 Timothy 2:15

> “Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth.”

This verse speaks of theological accuracy. As believers, we are called to rightly handle Scripture—not twisting it for convenience,

but understanding it within context and truth. This is discipleship and sanctification—growing in grace and knowledge of Christ (2 Peter 3:18).

Are You Spiritually Equipped?

- Have you clothed yourself in God’s armor?
- Are you strong in your relationship with Christ?
- Are you prepared to stand firm against the enemy’s schemes?

1 Corinthians 16:13

> “Watch, stand fast in the faith, be brave, be strong.”

This is a call to alertness, perseverance, courage, and strength. The Christian walk requires intentional growth, not spiritual passivity.

Final Encouragement

Let us not grow weary but continue to grow strong—both in our

walk with the Lord and in how we apply His Word. True strength comes from being rooted in Christ and prepared for the spiritual battles ahead.

May the Lord bless and strengthen you.
Amen.

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