

Greetings to you in the mighty name of our Lord Jesus Christ. Welcome to this reflection on the words of life—words that alone have the power to truly set us free (John 8:32, *“Then you will know the truth, and the truth will set you free”* – NIV).

Today, we’ll explore one vital biblical principle that can help us receive messages, revelations, and divine insight from God. This principle has deeply impacted my walk with the Lord, and I believe it will also transform your spiritual life.

The Way We Speak to God vs. How He Speaks to Us

When we want to speak to God, we usually go directly into prayer—perhaps kneeling down and presenting our needs before Him. After saying our piece, we often get up and carry on with our lives.

However, God doesn’t always speak back in that same immediate, transactional way. He often operates on a different rhythm. This disconnect leads many believers to grow discouraged when they don’t hear an immediate or obvious response from God.

But Scripture teaches us a critical truth—if we truly want to hear from God, we must learn to be still.

The Principle: Stillness

God's voice is often heard most clearly in stillness, not in chaos or noise. The prophet Elijah experienced this firsthand. Though God had spoken to him many times, Elijah never truly discerned God's intimate voice until he was completely still before Him.

In 1 Kings 19:11–13 (ESV), Elijah encounters God not in wind, earthquake, or fire—but in a “low whisper”:

“And behold, the Lord passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the Lord, but the Lord was not in the wind. And after the wind an earthquake, but the Lord was not in the earthquake. And after the earthquake a fire, but the Lord was not in the fire. And after the fire the sound of a low whisper... And when Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave.”

Only then did Elijah recognize the presence of God and cover his face in reverence, realizing he was in the holy presence of the Almighty.

Stillness Precedes Revelation

We see another example in Elisha, when he needed clear instructions from God concerning the alliance of Israel, Judah, and Edom against Moab. Instead of rushing into prayer, he requested a harpist to play worship music—a way of creating spiritual stillness.

“But now bring me a musician.” And when the musician played, the hand of the Lord came upon him. And he said, ‘Thus says the Lord, “I will make this dry streambed full of pools...”’ (2 Kings 3:15-16, *ESV*).

Elisha’s request for worship music reveals an important pattern: praise and worship often prepare the heart to hear God. The Spirit of God came upon him after an atmosphere of worship was established.

Moses Waited in Stillness Before Hearing God

Even Moses, God's chosen leader, had to wait in stillness. When he ascended Mount Sinai to receive the Law, he didn't immediately enter God's presence. He waited for six days before God finally called him into the cloud on the seventh day.

"The glory of the Lord dwelt on Mount Sinai, and the cloud covered it six days. And on the seventh day He called to Moses out of the midst of the cloud." (*Exodus 24:16, ESV*)

This teaches us that revelation is not always instant. It often requires waiting in the presence of God, resisting the urge to rush.

How to Cultivate a Life of Stillness

If you desire to hear from God more clearly, you must learn to slow down and give Him room to speak. Don't just pray and rush away. After praying, sit in stillness. Worship. Meditate on His Word. Contemplate His power and goodness. Let your spirit be quiet before Him.

As you linger in His presence, you may begin to sense a divine stirring—a prompting in your spirit, a word of wisdom, a supernatural peace, a

sudden understanding or instruction. That's often how the Holy Spirit speaks.

Stillness opens the door to divine encounter.

Stillness Must Extend Beyond Prayer Time

Stillness is not just for prayer moments—it must become a lifestyle. If your life is filled with constant noise, endless social media scrolling, chatting in groups, binge-watching shows, or always attending events and parties, you will struggle to hear God.

Shalom.

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