Welcome to our Bible study.

> *Matthew 6:22–23 (ESV)*
> “The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light;
> but if your eye is bad, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!”

Jesus uses a vivid metaphor here: the eye, as a physical organ that receives light and enables sight, is likened to the inner moral and spiritual perception of a person. Just as a faulty eye leads to physical darkness, a corrupt inner life leads to spiritual blindness and confusion.

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1. THE FUNCTION OF THE EYE AND SPIRITUAL PARALLELS

In the physical realm, the eye receives light and makes vision possible. Similarly, in the spiritual realm, our “inner eye” our conscience, moral clarity, and spiritual discernment receives and processes truth. When this spiritual eye is healthy (clear, focused,

and God aligned), it enables us to walk in God’s light.

> *Psalm 119:105 (NKJV)*
> “Your word is a lamp to my feet and a light to my path.”

The Word of God is the primary source of spiritual light. It guides, convicts, and clarifies. When we allow Scripture to shape our worldview, our spiritual vision is sharpened.

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2. GOOD WORKS AS LIGHT: OUR LIFE AS A TESTIMONY

> *Matthew 5:16 (NIV)*
> “In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

Here, Jesus equates light with visible actions our good works. These are not works for self glory, but expressions of a transformed life that point others to God. When our hearts are aligned with God’s will, our actions reflect His character love,

justice, mercy, and truth.

Theologically, good works are the fruit of salvation, not its foundation. We are saved by grace through faith, and for good works:

> *Ephesians 2:8–10 (ESV)*
> “For by grace you have been saved through faith. And this is not your own doing; it is the gift of God... For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.”

Good works become a means by which the light of Christ shines through us, guiding not only ourselves but those around us.

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3. SPIRITUAL BLINDNESS: A DANGEROUS CONDITION

Spiritual blindness is a repeated theme in Jesus’ teaching. It signifies a hardened heart, moral confusion, or self righteousness that leads people away from truth.

> *Matthew 15:14 (NIV)*
> “Leave them; they are blind guides. If the blind lead the blind, both will fall into a pit.”

This was spoken in reference to religious leaders who, though outwardly pious, were inwardly corrupt. Their traditions nullified God’s Word, and their hearts were far from Him (see Matthew 15:8–9). They could not perceive spiritual truths because their “eye” was diseased.

Paul also speaks of this blindness:

> *2 Corinthians 4:4 (ESV)*
> “In their case the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the gospel…”

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4. HOW TO RECEIVE SPIRITUAL LIGHT

Restoring spiritual sight and clarity begins with repentance and faith in Jesus Christ. No amount of moral effort can cleanse the soul apart from grace.

> *1 John 1:7 (NKJV)*
> “But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.”

This cleansing opens our spiritual eyes, allowing the Holy Spirit to dwell in us, guide us, and empower us to walk in righteousness.

> *Acts 2:38 (ESV)*
> “Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit.”

The Holy Spirit becomes our internal light source:

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> *John 16:13 (NIV)*
> “But when he, the Spirit of truth, comes, he will guide you into all the truth...”

With the Spirit, believers gain discernment (Hebrews 5:14), wisdom (James 1:5), and the ability to walk in the light rather than stumble in darkness.

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5. LET YOUR LIGHT SHINE

The call of Christ is simple yet profound: let the light that God has placed in you shine out through your words, choices, and behavior. Be a reflection of His grace and truth in a world that desperately needs it.

> *Philippians 2:15 (NIV)*
> “...so that you may become blameless and pure, ‘children of God without fault in a warped and crooked generation.’ Then you will shine among them like stars in the sky.”

Let your light shine not to impress others, but to illuminate the path to Christ.

The health of your spiritual eye determines the direction of your life. A life aligned with Christ will be full of light clarity, peace, and purpose. But a life in rebellion, or guided by sin and self, is like walking in total darkness.

So let your spiritual eyes be healed. Let your good works testify to the transforming power of the gospel. Walk in the light and shine for the glory of God.

May the Lord bless you and open your eyes to His truth.

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