

## Hebrews 4:14

“Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess.”

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In Christianity, confession is not just a religious ritual—it's a personal declaration of faith. It involves openly acknowledging Jesus Christ as Lord and Savior, and admitting our need for His grace and forgiveness. It's both a statement of what we believe and a commitment to live according to that belief.

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### 1. What Does It Mean to Confess Our Faith?

According to Romans 10:9-10:

“If you declare with your mouth, ‘Jesus is Lord,’ and believe in your heart that God raised him from the dead, you will be saved.

For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.”

This passage shows that salvation involves both internal belief and external confession. Theologically, this highlights justification by faith (cf. *Ephesians 2:8-9*), where the heart trusts in Christ’s resurrection, and the mouth testifies to His Lordship. This confession is not a one-time act—it marks the beginning of a lifelong journey of faith and obedience.

But confession doesn’t stop at the altar or in prayer—it must be held onto and lived out daily. As *Hebrews 4:14* exhorts, we are to hold firmly to our profession of faith. This implies perseverance, especially in the face of trials, doubts, or temptation.

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2. How Do We Hold Firmly to Our Confession?

Let’s read 1 Timothy 6:12-13:

“Fight the good fight of the faith. Take hold of the eternal life

to which you were called when you made your good confession in the presence of many witnesses.

In the sight of God, who gives life to everything, and of Christ Jesus, who while testifying before Pontius Pilate made the good confession..."

This passage offers two ways we remain faithful to our confession:

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A. Fight the Good Fight of Faith

Christian life involves a spiritual battle. The Apostle Paul calls it a "good fight" because it is worthwhile—it leads to eternal life and God's glory.

Ephesians 6:11-12 helps us understand the nature of this fight:

"Put on the full armor of God, so that you can take your stand against the devil's schemes.

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the

heavenly realms."

This speaks of spiritual warfare. Christians are called to resist Satan's schemes through faith, prayer, truth, righteousness, and the Word of God (Ephesians 6:13-18). We do not fight with physical weapons, but with spiritual ones empowered by God.

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B. Take Hold of Eternal Life

We are not only called to profess faith—we are called to possess eternal life through an ongoing relationship with God.

John 17:3 defines eternal life clearly:

"Now this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent."

Eternal life isn't just about life after death; it begins now in intimate knowledge of God. This speaks to sanctification—the process by which we grow in holiness and deeper fellowship with

Christ. The more we seek Him through Scripture, prayer, and obedience, the more that eternal life becomes a present reality, not just a future hope.

If we drift from pursuing God, our spiritual vitality weakens. But as we grow in knowledge and grace (cf. *2 Peter 3:18*), eternal life becomes more tangible in our daily walk.

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3. Are You Holding Firm to Your Confession?

Ask yourself:

- Am I still living by the faith I once confessed?
- Am I resisting the enemy's attacks or compromising under pressure?
- Am I growing in my knowledge and love of God?

Holding fast to your confession is not about perfection—but persistence. It's about returning to Christ daily, choosing Him again and again, no matter the cost.

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May the Lord Strengthen Us

We are not alone in this journey. Jesus, our High Priest, intercedes

for us (Hebrews 7:25). The Holy Spirit empowers us (Romans 8:26–27). And God's grace sustains us.

Let us remain faithful in our confession—fighting the good fight and pursuing eternal life with all our hearts.

Come, Lord Jesus! (Revelation 22:20)

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