This special message is for women and girls.

What Does “Alamoth” Mean, and What Is Its Significance?

(Based on 1 Chronicles 15:19-20)

In the context of 1 Chronicles 15, King David was bringing the Ark of the Covenant back to Jerusalem. He carefully organized worship with musicians and singers. Among those mentioned are leaders who blew trumpets, and the passage highlights “the sound of Alamoth.” The Hebrew word “Alamoth” literally means “young women.” Therefore, the phrase refers to the voices of young women singing in worship.

This reflects the inclusive nature of biblical worship. Worship in the Old Testament was a communal act involving men, women, and even children (cf. Psalm 148:12-13). The presence of young women as vocalists shows that worship is not limited by gender but embraces all who can glorify God through their gifts.

King David’s arrangement demonstrates an important biblical principle: God values diversity in worship (1 Corinthians 12:4-7). Men’s voices alone were not sufficient; the unique qualities of

young women’s voices brought fullness to worship. This inclusiveness pleases God and invites His blessing.

What Can We Learn?

1. Women Have a Vital Role in Worship
   David’s recognition that young women should participate in praising God challenges any notion that worship is a male-only domain. This aligns with the New Testament teaching that spiritual gifts and worship are for all believers regardless of gender (Galatians 3:28).
2. Your Voice Matters
   Whether your voice is loud or soft, it carries great value in worship. As 1 Peter 4:10 reminds us, each believer has received gifts to serve others and glorify God.
3. Worship is a Divine Invitation
   God is the same yesterday, today, and forever (Hebrews 13:8). If He accepted David’s inclusive worship, He welcomes our worship today—when we faithfully use our God-given gifts.

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Psalm 46: A Song for Alamoth

Psalm 46 was written by the sons of Korah and is noted as a psalm for Alamoth—young women’s voices. It proclaims God’s power, protection, and presence amid troubles.

> *“God is our refuge and strength,*
> *an ever-present help in trouble.*
> *Therefore we will not fear, though the earth give way*

> *and the mountains fall into the heart of the sea,*
> *though its waters roar and foam*
> *and the mountains quake with their surging.*
> *There is a river whose streams make glad the city of God,*
> *the holy place where the Most High dwells.*
> *God is within her, she will not fall;*
> *God will help her at break of day.*
> *The LORD Almighty is with us;*
> *the God of Jacob is our fortress.*
> *He says, 'Be still, and know that I am God;*
> *I will be exalted among the nations,*
> *I will be exalted in the earth.'" (Psalm 46:1-5, 7, 10-11)*

This psalm encourages believers to trust God's sovereignty and find peace in Him, even amid chaos. The "Alamoth" singing these words would lift up a powerful testimony of faith and hope.

If you are a woman or girl, understand that your worship—your voice, your praise—is precious and powerful before God. Step confidently into your role, fulfilling His purpose through song and worship. God honors and blesses the heartfelt praise of all His children.

May the Lord bless you richly as you worship Him with the gift He has given you.

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