Question: The Bible says our struggle is against evil spirits. So, based on that verse, do good spirits exist?

Answer: Let’s take a closer look...

Ephesians 6:12 (NIV) says:

> “For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world, and against the spiritual forces of evil in the heavenly realms.”

This verse clearly states that our spiritual battle is against “spiritual forces of evil.” It does not imply the existence of “good spirits” among these forces. Rather, it emphasizes that these are wicked, demonic powers opposing God’s kingdom.

Theologically, the Bible distinguishes between holy angels and evil spirits (demons). Holy angels are God’s messengers and

servants, created by God to worship Him and carry out His will (Psalm 103:20, Hebrews 1:14). They are pure, holy beings who serve God and protect His people.

Conversely, demons are fallen angels who rebelled against God under the leadership of Satan (Isaiah 14:12-15; Ezekiel 28:12-19; Revelation 12:7-9). They are unclean and hostile to God and humanity.

When the Bible mentions holy angels (see Matthew 25:31, Mark 8:38, Revelation 14:10, ESV), it does not mean there are “good demons.” Once angels rebel, they cease to be angels and become demons (unholy spirits). This distinction is important because the Bible never describes demons as good or holy.

Also, it’s worth noting that the terms “spirits” and “jinn” refer to similar supernatural beings in different cultural contexts. Islamic tradition speaks of jinn, some of whom are considered good or neutral, but biblical Christianity teaches that all demons are evil and opposed to God’s purposes.

John 8:44 (NIV) explains the nature of the devil and by extension his demons:

“You belong to your father, the devil, and you want to carry out your father’s desires. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.”

This passage shows the devil’s nature as utterly evil and deceptive. He has no capacity for good or love toward humans only hatred and opposition.

Some false teachings claim there are “good spirits” or “friendly jinn” who can help people succeed or protect them. These are not supported by Scripture and are considered spiritual deception (2 Corinthians 11:14 warns that Satan masquerades as an angel of light).

In summary:Angels are holy beings created by God, fully good and pure.Demons are fallen angels, entirely evil and opposed to God.The Bible never endorses the idea of “good demons” or “good jinn.”The spiritual battle described in Ephesians 6:12 is against evil forces only.

Are there good jinn? According to biblical teaching no. All evil spirits oppose God.

Have you accepted Jesus Christ as your Lord and Savior? If not, why wait?

> “For there is one God and one mediator between God and mankind, the man Christ Jesus” *(1 Timothy 2:5, NIV).*

Be blessed!

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