

Are You Spiritually Hungry? Then Don't Stop Eating Honey.

“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.”

— *Matthew 5:6, ESV*

Hunger Changes How We Taste Everything

Hunger has the power to change perception. When someone is hungry, even bitter food can seem sweet. But when a person is full, even the richest meal loses its appeal. The book of Proverbs puts it this way:

*“One who is full loathes honey,
but to one who is hungry everything bitter is sweet.”
(Proverbs 27:7, ESV)*

This is not just about physical hunger—it's a reflection of the spiritual condition of the soul. A soul that hungers for God is willing to embrace even the hard truths of Scripture with joy. But

a soul that is self-satisfied—filled with pride, tradition, or spiritual complacency—will reject even the sweetest parts of God's Word.

Why is God's Word Compared to Honey?

Scripture frequently compares the Word of God to honey, highlighting not just its sweetness, but also its eternal value and life-giving nature.

*"My son, eat honey, for it is good,
and the drippings of the honeycomb are sweet to your taste.
Know that wisdom is such to your soul;
if you find it, there will be a future,
and your hope will not be cut off."
(Proverbs 24:13-14, ESV)*

Honey in the Bible symbolizes:

1. Sweetness and delight – representing the soul's satisfaction in God's truth (Psalm 19:10).
2. Purity and incorruptibility – like honey, God's Word endures forever and never spoils (Isaiah 40:8; Matthew 24:35).
3. Spiritual nourishment – it feeds and sustains the soul (Jeremiah 15:16).

King David echoed this when he wrote:

*"How sweet are your words to my taste,
sweeter than honey to my mouth!"
(Psalm 119:103, ESV)*

Religious Pride Blocks Spiritual Hunger

One of the greatest dangers to the Christian walk is spiritual complacency. When we believe we've "arrived," when we view our denomination, knowledge, or religious status as enough, we lose our hunger—and with it, our capacity to taste the sweetness of truth.

This was the problem of the Pharisees. They had the law, tradition, and status, but they had no hunger for righteousness. When Jesus, the Bread of Life (John 6:35), stood before them, they rejected Him.

"You search the Scriptures because you think that in them

*you have eternal life; and it is they that bear witness about me, yet you refuse to come to me that you may have life.”
(John 5:39-40, ESV)*

Like the Pharisees, we too can become so “full” of religious activity that we stop seeking the living Word.

The Hungry Obey Even the Hardest Truths

A soul that hungers for righteousness will obey the Word, even when it's inconvenient, uncomfortable, or countercultural.

Consider the Ethiopian eunuch in Acts 8. After hearing the gospel from Philip, he didn't wait for a religious service or a ceremony—he acted immediately.

*“And as they were going along the road they came to some water, and the eunuch said,
‘See, here is water! What prevents me from being baptized?’
...
And they both went down into the water, Philip and the*

eunuch, and he baptized him.”
(Acts 8:36–38, ESV)

This kind of instant obedience is the mark of spiritual hunger.

Hard Teachings Become Sweet to the Hungry

When the Bible gives hard instructions, such as:

- Modesty and gender distinction in dress (Deuteronomy 22:5),
- Rejecting idolatry and image worship (Exodus 20:4–5),
- Following Christ in baptism by immersion (Romans 6:3–4; Acts 2:38),

The “full” person makes excuses. They say:

- *“God looks at the heart, not the outside.”*
- *“We are under grace, not law.”*
- *“That was for Old Testament times.”*

But the hungry person sees even these commands as sweet. They don't argue with Scripture—they submit to it.

Paul warned Timothy about this attitude in the last days:

*“For the time is coming when people will not endure sound teaching, but having itching ears they will accumulate for themselves teachers to suit their own passions.”
(2 Timothy 4:3, ESV)*

Don't Let Religious Tradition Replace the Word

When God's Word says one thing and your tradition says another, whom will you follow?

Jesus confronted this issue head-on:

*“And he said to them,
‘You have a fine way of rejecting the commandment of God in order to establish your tradition!’”
(Mark 7:9, ESV)*

Let us be people who hunger for God's truth more than we cling to denominational labels, cultural habits, or religious customs. If God's Word says to abandon image worship, we must obey—even if it offends our upbringing. If it says to dress with modesty and purity, we obey—even if it costs us popularity.

Why? Because we want heaven, not just religion.

Only the Hungry Will Be Satisfied

*"Blessed are those who hunger and thirst for righteousness, for they shall be satisfied."
(Matthew 5:6, ESV)*

God doesn't fill those who are full of themselves—He fills those who hunger for Him. The question is: Are you hungry?

Don't Stop Eating Honey

As long as you are hungry, keep eating honey—keep consuming

the Word. But if you find yourself losing that hunger, be careful: nothing else will satisfy your soul.

*"The grass withers, the flower fades,
but the word of our God will stand forever."
(Isaiah 40:8, ESV)*

*"Heaven and earth will pass away, but my words will not pass
away."
(Matthew 24:35, ESV)*

Final Encouragement

Remain rooted in the Word. Stay hungry for truth. Don't settle for tradition, popularity, or religious status—press in for righteousness.

"Seek the LORD while he may be found;

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call upon him while he is near.”
(Isaiah 55:6, ESV)

May you always be blessed, you who earnestly seek the Lord.

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